

La Réserve nationale de chasse et de faune sauvage des Bauges

The Bauges National Hunting and Wildlife Reserve



Cœur de nature du Parc

Créée en 1913, la Réserve nationale de chasse et de faune sauvage des Bauges (RNCFS) bénéficie d'une reconnaissance internationale grâce à ses études sur le chamois. Ces 20 dernières années, plus de 10 000 captures d'ongulés y ont été réalisées : chamois, mouflons, chevreuils ont été marqués pour mieux comprendre leurs activités en interaction avec leur environnement (le milieu naturel, les usages...). Sur 2 200 hectares d'espaces naturels, les forestiers et pasteurs, l'exploitation forestière, le pastoralisme et les loisirs (dont la chasse), se partagent l'espace. Le lait des troupeaux est en partie valorisé en fromages AOP (Chèvre, Tomme des Bauges).

La chasse est autorisée et l'impact de cette pression cynégétique sur les populations d'ongulés sauvages évalué. La gestion durable des forêts productives (par l'ONF) et des forêts privées vise à équilibrer ses rôles de production, de protection des sols et de réservoir de biodiversité.

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Le partage de cet espace aux multiples enjeux implique le respect d'une réglementation adaptée. Elle permet aux équipes de scientifiques de travailler dans une recherche indispensable, notamment au sein des trois zones de quercute (Arminaz, Coutaise et Chabronnet) où seuls les itinéraires balisés sont autorisés.

Découvertes à vélo

Discoveries by bike

VTT et cyclotourisme

Toutes les pratiques cyclistes se croisent sur les routes et chemins du massif. Les cyclotouristes en recherche de découvertes culturelles et gastronomiques parcourent le tour des Bauges à vélo par les piémons : 4 étapes de 40 km environ sur les véloroutes V62 et V63, dont près de 60 % à vos roues vertes. Les plus sportifs partent à l'assaut des 6 cols rochers des Bauges. Les vététistes se font plaisir sur les itinéraires dédiés des stations de Savoie Grand Revard et de La Sambuy. Les spécialistes de descente profitent de 3 lignes de bus depuis Aix-les-Bains, Chambéry et Annecy pour dévaler les sommets de l'Orionde et du Semoz. Et pour tous, l'expérience d'une nuit à assistance électrique (VAE), « le vélo qui aplaît les montagnes », reste un pur moment de bonheur !



Label Rivières Sauvages

Rivières Sauvages Wild-River Label



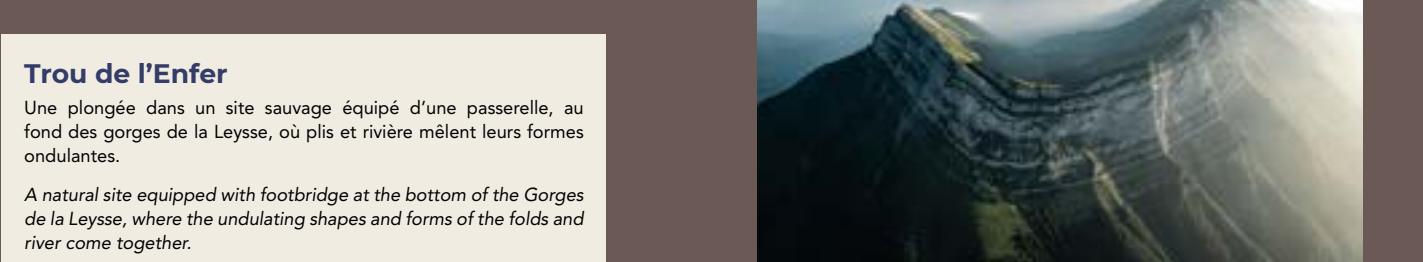
Le Chéran prend sa source dans les Bauges. Ce torrent de montagne est labellisé Rivières Sauvages en raison de sa grande valeur patrimoniale et de la beauté des paysages qu'il traverse. Parfois des pêcheurs, la rivière propose aussi des moments insolites comme l'appalage ou le canoë au printemps. Sur le site des lacs du Chéran, des plans d'eau et des promenades confort citotent la rivière, pour le plaisir des baigneurs et des promeneurs.

The source of River Chéran lies in the Bauges. This torrent mountain river has awarded the Rivières Sauvages wild river label in recognition of its huge significance as part of our heritage and the beauty of the landscapes it crosses. As well as offering a paradise for fishing, a range of other unusual activities can also be enjoyed on this river, such as gill netting or canoeing in the springtime. At the lacs du Chéran site, ponds and accessible walks run alongside the river, for the delight of bathers and walkers.

Géosites

Géoparc mondial UNESCO, le Parc met en valeur des sites intéressants géologiquement : géosites, panoramas exceptionnels, grottes, parcsos... Découvrez une sélection de 10 sites parmi la trentaine de géosites aménagés dans le massif.

As a UNESCO Global Geopark, the Park highlights sites of geological interest, known as geosites. These are made up of exceptional panoramic views, caves, landscapes and much more. Discover a selection of ten sites from the 30 or so developed geosites in the region.



Une plongée dans un site sauvage équipé d'une passerelle, au fond des gorges de la Layou, où pils et rivière mêlent leurs formes ondulantes.

A natural site equipped with footbridge at the bottom of the Gorges de la Layou, where the undulating shapes and forms of the folds and river come together.

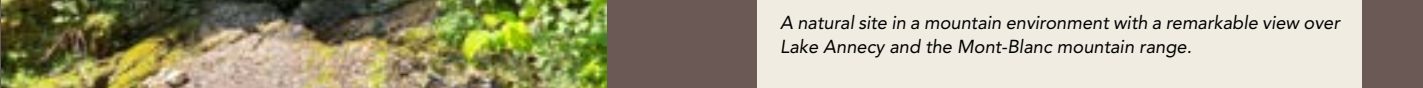
Created in 1913, the Bauges National Hunting and Wildlife Reserve (RNCFS) is recognised worldwide for its studies on the chamois. Over the last 20 years, more than 10,000 ungulates (chamois, mouflons and roe deer) have been caught and marked in order to gain a better understanding of how they interact with their environment (natural habitat, uses, etc.).

Stretching over 5,200 hectares, these natural spaces, forests and pastures are shared by logging, grazing and leisure activities, including hunting. Some of the milk produced by the herds here is then transformed into PDO cheeses (Chèvre, Tomme des Bauges).

Hunting is permitted, with the impact of this activity on the populations of wild ungulates assessed. The sustainable management of public forests by the French National Forests Office and private forests aims to achieve a balance between their roles of production, soil protection and as a haven of biodiversity.

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Cascade du Pissieu (waterfall)

Une balade facile et rafraîchissante qui permet de voir une superbe cascade et la source qui l'alimente.

An easy and refreshing walk to see a superb waterfall and the source that feeds it.

Cycling of all kinds come together on the roads and paths of the Bauges Massif. Cyclotourists seeking cultural and culinary discoveries can take on the Tour des Bauges by bike through the foothills, in four stages of around 40 km each along cycle routes 62 and 63, of which nearly 60 % are located on "Vos Verts" cycle paths. More athletic riders can opt to take the six road passes of Bauges. Mountain bikers will have a ball on the dedicated routes provided in the Savoie Grand Revard and La Sambuy resorts, while downhill specialists can enjoy the two bus lines from Aix-les-Bains and Annecy to reach the summits of Orionde and Le Semoz. Finally, e-biking – known as "the bike that flattens the mountain" – offers a moment of pure joy, accessible to all!

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Panorama du Revard (vlp/point)

Vue extraordinaire sur le lac du Bourget, le cœur des Bauges et au-delà jusqu'au sommet du Mont Blanc.

An extraordinary view of Lake Bourget, as well as the heart of the Bauges and beyond, all the way to the summit of Mont Blanc.

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Fontaine de Faverges (spring)

Une source en bordure du torrent de Saint-Ruph sur laquelle s'est construite l'histoire de la ville : fraîcheur et calme dans un site caché. Bouillonnante et baveuse.

A spring on the edge of the Saint-Ruph river, upon which the town's history was built: discover freshness and tranquility on this secluded site. Bubbles pitch and refreshment too.

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Escapades Gourmandes

Gourmet Getaways

Plus de 200 agriculteurs pratiquent la vente directe. Vous les reconnaîtrez facilement grâce à la signalétique mise à leur disposition par le Parc et l'association des agriculteurs du Parc. Digues, Reblochon, Abondance, Raclette, Emmental et Tomme de Savoie, mais aussi bien sûr le produit phare du Massif des Bauges, le fromage des Bauges ! Vous découvrirez les pommes, les poires et les vins de Savoie. Aux côtés de ces produits AOP et IGP, vous apprécierez d'autres productions plus confidentielles, aux saveurs variées. Miel, plantes aromatiques et médicinales, gâtes artisanales, fromages frais, pains, fruits et légumes, escargots vous attendent !

Over 200 farmers sell directly from their farms. You can recognise them thanks to the direct sale sign provided by the Parc and the Park farmers' association. Try a bite of Reblochon, Abondance, Raclette, Emmental or Tomme de Savoie – not forgetting, of course, our flagship cheese, the Tomme des Bauges! You'll also have the chance to discover local apples, pears and Savoie wines. In addition to these PDO and IGP products, you'll also find a great many other, smaller productions offering a variety of flavours. Honey, aromatic and medicinal plants, traditional ice-creams, fromage frais, breads, fruits and vegetables, snails ... What are you waiting for?

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Un tour des Bauges par bike through the foothills, in four stages of around 40 km each along cycle routes 62 and 63, of which nearly 60 % are located on "Vos Verts" cycle paths. More athletic riders can opt to take the six road passes of Bauges. Mountain bikers will have a ball on the dedicated routes provided in the Savoie Grand Revard and La Sambuy resorts, while downhill specialists can enjoy the two bus lines from Aix-les-Bains and Annecy to reach the summits of Orionde and Le Semoz. Finally, e-biking – known as "the bike that flattens the mountain" – offers a moment of pure joy, accessible to all!

La Réserve offre 70 km de sentiers GRP[®] gérés par le Parc et un refuge partagé en été pour vivre l'expérience d'une nuit en montagne, le Chalet de Coutaise.

À pied sur les sentiers de découverte

By foot on the discovery trails

Parcs les centaines de kilomètres de sentiers balisés du massif, vous une sélection de 10 sentiers de découverte des patrimoines à la portée de tous !

Among the hundreds of kilometres of waymarked trails throughout the mountain range, here's our selection of ten accessible trails to discover our local heritage!

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